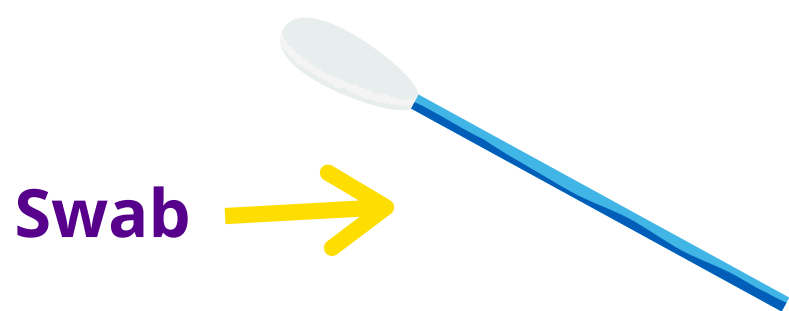


Having a COVID-19 test at home?

If you are visiting Sheffield Children's for a stay or having surgery soon, we might ask you to take a COVID-19 test. This is help protect you, other visitors and our staff.

- 1**
Having a test means that a **swab** is put into the back of your **mouth**.



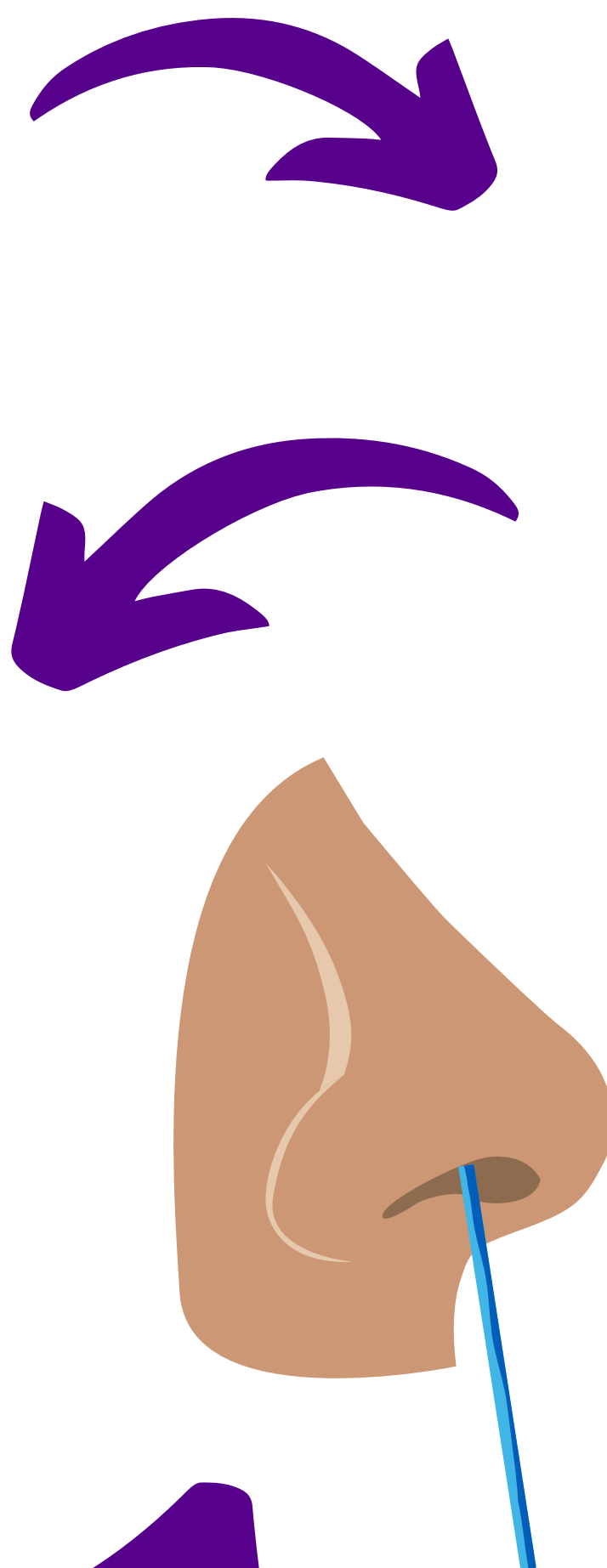
- 3**
This is the bit that might be **uncomfortable**. It's time to **roar like a lion** so the swab can get all the way to the back of your mouth.



- 2**
If you like, your **Teddy** can have a go first using a **cotton bud**



- 4**
Then ***gross alert*** the swab needs to go up your **nose**.



- 5**
...and it's over.
Well done!

