#### What is the orthotic service?

The orthotic service provides orthoses for children.

Orthoses are types of: -

- Splints
- Callipers
- Braces
- Insoles
- Footwear adaptations

These are supplied at the request of the consultant to provide support, correction, stability or protection.

## Where is the orthotic department?

The orthotic department is situated at B floor of the outpatient department.

#### How does the orthotic service work?

The child will receive an appointment to attend an orthotic clinic where the orthotist will carry out an assessment.

The assessment will involve taking details of the child's condition and checking the child's joint movements.

The child will then be measured for the most appropriate type of orthosis. This may involve taking a plaster cast mould.

Most orthosis need to be individually made and cannot be supplied on the same day.

An appointment will be given to attend again for the orthosis to be fitted. Some orthosis require more than one fitting.

### What to do when you attend the department

Report to the Ambulance and Orthotic office on arrival. A responsible adult must accompany the child. Bring with you any orthosis the child may already have. It is helpful if older children bring shorts to wear for the assessment.

# What to do if you have a problem

If the orthosis is: -

- Uncomfortable
- Broken
- Outgrown

If you need further guidance on using the orthosis.

If you are unable to attend an appointment or have any other queries and concerns. Please contact the Orthotic department on 0114 271 7271 between 9am and 5pm on Monday to Friday. You may leave a message on the answer phone at other times.

If you need to bring or post items to the department make sure the child's name, address and telephone number are included. Include information about the requirements. Send only the item, which needs attention. Do not send both shoes if only one needs adapting. For further information please contact our orthotic team on the number above.

<u>Information Leaflet number:</u> <u>Author/Contact:</u>

0051 (04/04/2017)
Orthotic Team



Orthotic department 0114 271 7271 Monday to Friday 9am - 5pm

# THE ORTHOTIC SERVICE

## For further advice contact:

Main hospital number: 0114 271 7000

Patient Advice & Liaison Team (PALS) The Children's Hospital Western Bank Sheffield S10 2TH

PALS office: 0114 271 7594

www.sheffieldchildrens.nhs.uk

Review 2019

Our young patients
are at the centre of everything
we do and all our work is focused
on providing them with the
best facilities, equipment and
experience possible, helping to
provide a world-class facility that
is positioned at the very forefront
of paediatric care.



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