Who are the Epilepsy Nurses?

The Epilepsy Nurses are based at The Ryegate Children's Centre and work within the Paediatric Neurology Team. We also provide information and advice to parents and children with a diagnosis of epilepsy who are under the care of other consultants at the Sheffield Children's Hospital.

Sally Hartley - Epilepsy Nurse Lead
 Barbara Warden - Epilepsy Liaison Nurse
 Lisa Cook - Epilepsy Outreach Nurse
 Louise Douglas - Epilepsy Outreach Nurse

The epilepsy nurse team try to support families in a number of ways, .

How can the epilepsy nurses help me?

Sally co-ordinates the Ketogenic Diet programme undertaking special review clinics with the dietetic / medical colleagues.

Sally and Barbara provide a **NON UIRGENT** voice mail advice service for seizure management/medication concerns for both parents and colleagues and see patients regularly in their nurse led review clinics.

A new diagnosis of epilepsy can be a worrying time for both parents and children; Lisa and Louise, the outreach nurses, try to contact all families where a child has been newly diagnosed with epilepsy both to provide written information about epilepsy and also to offer an opportunity for parents and children to meet here at Ryegate in one of their nurse led clinics to talk face to face.

If your child has been diagnosed with epilepsy and if you would like to talk to us, please contact Lisa/Louise on 0114 271 7621.

Lisa Cook co-ordinates the Epilepsy Surgery Programme alongside her role as an outreach nurse.

How can the Outreach Nurses support my child?

The outreach nurses provide a service to schools/ colleges and other groups to provide information and advice about supporting children with epilepsy, they also hold epilepsy education sessions for health/education colleagues at Ryegate. Where appropriate, they can help with specific arrangements for individual children in liaison with education colleagues. Support for adolescents with epilepsy is offered both in nurse led clinics and on an individual basis, including ensuring that the transition to adult services, when appropriate, goes smoothly.

If you are an adolescent and would like to talk to us, please contact Lisa / Louise on 0114 271 7621.

How can I contact the Epilepsy Liaison Nurses for advice? **Monday to Friday**

For children under the care of the Paediatric Neurology Team at Ryegate we provide a non urgent voice mail service.

Please leave your child's name, date of birth, the name of their consultant plus a clear contact telephone number and we will return your call. We try to return all calls within two working days.

EPILEPSY NURSE TELEPHONE ADVICE LINE 0114 271 7620

What if my child is not under the care of the Neurology Team but is seen at the Sheffield Children's Hospital? For children under the care of a consultant at the Sheffield Children's Hospital. please contact your child's consultant via their secretary at Sheffield Children's Hospital - 0114 2717000

WE ARE UNABLE TO PROVIDE IMMEDIATE MEDICAL ADVICE. IN AN EMERGENCY YOU SHOULD CONTACT THE EMERGENCY SERVICES DIRECTL BY DIALLING 999.

<u>Information Leaflet number:</u>
<u>Author/Contact:</u>

0104 (17/08/2017) Barbara Warden



The Sheffield Centre for Paediatric Neurology

Epilepsy Department

HOW TO CONTACT THE EPILEPSY NURSES

For further advice contact:

Main hospital number: 0114 271 7000

Patient Advice & Liaison Team (PALS) The Children's Hospital Western Bank Sheffield S10 2TH

PALS office: 0114 271 7594

www.sheffieldchildrens.nhs.uk

Our young patients
are at the centre of everything
we do and all our work is focused
on providing them with the
best facilities, equipment and
experience possible, helping to
provide a world-class facility that
is positioned at the very forefront
of paediatric care.



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