



2022 TRAINING PROSPECTUS

Helena Specialist Nursing Team & Ryegate
House Clinical Education Team
47 Wilkinson Street, Sheffield S10 2FJ
Tel: 0114 2260833/0114 2260600
helenanursing.team1@nhs.net

Who are we?

The Helena Specialist Nursing Team and Ryegate House is a multi-disciplinary community nursing team caring for children with complex life limiting neurological conditions and those with a continuing health care need. We provide specialist nursing care and respite support in patient homes, educational establishments and at Ryegate House Residential unit to children within the city of Sheffield.

The Helena Specialist Nursing and Ryegate House Team have a dedicated education team comprising of 2 Band 6 clinical nurse educators, 3 Band 4 assistant practitioners and 2 Band 4 nursing associates. As well teaching clinical skills to our staff, we also offer training to parents, carers, PA's and education staff.

What Training do we provide?

We offer training in the following subjects:

- Respiratory care including oral and nasal suction, and nebulisers.
- Tracheostomy care

Our training is tailored to meet the child's specific needs.

An initial theory training session is completed then further visits will be required to assess the trainee's clinical competency on the child *

The trainee is not deemed competent to carry out the health task until the theory training and the practical assessments have both been completed. The trainee will receive a Trust approved competency booklet and certificate of competence as evidence of successful completion.*

Once a trainee has received the full training, annual refresher sessions are also available to maintain competence in the skill.

*Subject to geographical restrictions

Booking criteria & information

This specialist health training and assessments are free to some carers of children with complex needs that are in receipt of continuing health care respite. However if you do not meet the criteria there will be a charge for the training. Please see our pricing structure section for a list of costs. If you are unsure please contact the Education team on 0114 2260833.

For children living in Sheffield we will come and deliver the training in the child's home or educational setting at a standard cost. For those within the South Yorkshire areas of Rotherham, Doncaster and Barnsley training will also be delivered in the child's home or educational setting but at an enhanced cost. Sheffield and South Yorkshire training will include observation of the skill on the child.

For training outside of these areas, the trainee is expected to travel to Sheffield to access the theory training; this will be charged at the same rate as the Sheffield based training. Your local health teams would need to provide any practical assessments on the child.

Sheffield venues for the training include Sheffield Children's hospital main site, the Helena Nursing Education team office or Ryegate House residential unit.

RESPIRATORY CARE

Our training sessions are designed to support carers of children with complex health needs by providing child specific health training and assessments. The carers are also given the opportunity to practice with the appropriate equipment necessary for the task.

This training includes:

- Basic anatomy and functionality and definition of 'normal' respiratory function
- Identify the changes you might see in a child who requires support to maintain effective respiration
- Deliver relevant child specific interventions such as oxygen or nebulisers.
- Deliver child specific oral, oropharyngeal, nasal or nasopharyngeal suction with a safe and effective technique

INITIAL TRAINING

	1-3 People	3-6 people	6-10 people
SHEFFIELD	£650	£800	£1,000
SOUTH YORKSHIRE AREAS	£850	£1,000	£1,200
OTHER AREAS	£650	£800	£1,000

ANNUAL UPDATE TRAINING

	1-5 People	5-10 people
SHEFFIELD	£350	£500
SOUTH YORKSHIRE AREAS	£450	£600
OTHER AREAS	£350	£550

TRACHEOSTOMY CARE

Our training sessions are designed to support carers of children with complex health needs by providing child specific health training and assessments. The carers are also given the opportunity to practice with the appropriate equipment necessary for the task.

This training includes:

- What a tracheostomy is and why a child may require one
- Care for the stoma site and how to change the tracheostomy tapes.
- Recognise when a tracheostomy needs to be changed and be able to perform the correct procedure.
- Identify when and why suction needs to be performed, be able to use the correct equipment and perform the correct procedure
- The use of humidification, Oxygen or ventilation specific to the child.
- Tracheostomy resuscitation and basic life support

INITIAL TRAINING

	1-3 People	3-6 people	6-10 people
SHEFFIELD	£1,150	£1,550	£2,250
SOUTH YORKSHIRE AREAS	£1,350	£1,750	£2,450
OTHER AREAS	£1,150	£1,550	£2,250

ANNUAL UPDATE TRAINING

	1-5 people	5-10 people
SHEFFIELD	£550	£750
SOUTH YORKSHIRE AREAS	£650	£850
OTHER AREAS	£550	£750

HOW TO REQUEST TRAINING

Once you have decided which training session you require, you will need to complete the request form at the back of this booklet.

Request for training forms can be send electronically via email to:
helenanursing.team1@nhs.net

Alternatively forms can be posted to:

Helena Specialist Nursing Team
Education Team
47 Wilkinson Street
Sheffield
S10 2FJ

Please provide as much information as possible, if you have copies of any child specific care plans (EHCP, IHCP) then please include these with your request. Please ensure you provide ALL the information on the form, failure to do so may result in a delay or rejection of your request.

Once we have received your request we will contact you within 3 working days to inform you if the training has been accepted and to organise some dates to deliver the training.

If you have any questions regarding the training please contact the Education Team:

Office 0114 2260833/0114 2260600

Clinical Educators: Rosie Hughes
Gemma Reaney

HELENA SPECIALIST NURSING TEAM & RYEGATE HOUSE TRAINING REQUEST FORM

<p>NAME OF CHILD:</p> <p>ADDRESS:</p> <p>DOB:</p> <p>CONTACT PHONE NUMBER:</p>	<p style="text-align: center;"><u>TRAINING LOCATION DETAILS</u></p> <p>CONTACT NAME:</p> <p>ADDRESS:</p> <p>TELEPHONE NUMBER:</p>
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DETAILS OF TRAINING REQUIRED: Please provide full details of the training you require. Please attach a copy of child specific cares plans (EHCP, IHCP, Consultant letter)

Is this request for full training or an annual update session?

Has consent for training been gained from the child's family? *Please provide proof of consent*

Audience Size:

Environment: *Please state if we have access to a projector, tables, chairs etc.*

Special requirements: *Please state if additional adjustments need to be made for the training eg. Hearing impaired*

SIGNATURE:	DATE:
NAME OF PERSON REQUESTING TRAINING:	

PLEASE SEND THIS REFERRAL TO: helenanursing.team1@nhs.net

**IF YOU REQUIRE FURTHER ADVICE PLEASE CONTACT 0114 2260833 TO SPEAK TO A MEMBER OF THE
 CLINICAL EDUCATION TEAM**

For office use only:

Received by.....	Signature.....
Receipt to school sent via email <input type="checkbox"/>	Date.....