

SAFETY CHECKLIST FOR PARENTS

	GENERAL SAFETY	
1	Do you have a smoke alarm? Have you tested the battery?	
2	Do you have a carbon monoxide detector?	
3	Do you have window restrictors fitted? Could any cords from blinds or curtains pose a risk for strangulation?	
4	Are floors and stairs kept free from obstacles and clutter?	
5	Do have trailing wires or flexes that could cause a risk to trips and falls?	
6	Are any electric sockets overloaded? Do you leave charging cables plugged in? this could be a fire risk.	
7	Do you keep small objects, lighters and matches away from children?	
8	Do you have a first aid kit?	
9	Do you ensure children can't get out of the house without your knowledge?	
10	Do you have stairgates fitted? Could a child fall through gaps in your bannisters?	
11	Do you have a clear plan to escape from your home in a fire?	
12	Does anyone smoke in the home?	
13	Are chemicals, cleaning products, laundry tablets and medicines stored in a secure place out of children's reach?	

	THE KITCHEN	
1	Do you make sure that the kettle flex is out of reach?	
2	Do you keep pan handles turned inwards and out of children's reach?	
3	Are children kept away from the iron, toasters and other hot appliances?	
4	Are hot drinks kept out of reach?	
5	Are knives, scissors and sharp objects kept out of reach?	
6	Are spills cleaned up straight away to avoid slips?	
7	Does your high chair have a 5 point harness to prevent falls?	

	LIVING ROOM	
1	Do you have a fireguard?	
2	Do you keep alcohol out of reach?	

	BEDROOM/BATHROOM	
1	Are hair straighteners out of reach?	
2	Are cosmetics and perfumes kept out of each?	
3	Are beds kept away from hot radiators?	
4	Are you following safe sleep recommendations?	
5	Do you add cold water to the bath first to avoid scalding water?	
6	Do you have a not slip bath mat?	
7	Do you supervise your child all the time during the bath to avoid risk of drowning?	
8	Do you empty the bath when finished?	