

Who are these clinics for?

These clinics are for children under the age of 16 years with any of the following:

- Bed wetting from age 6 years if no response to advice given by GP, HV, Community Nursery Nurse, SN or MAST Support Worker for 6 months regarding increasing drinks and toileting as per NICE guidelines, and no nappies or pull ups for 1 week during this time.
- Day-time wetting from age 4 years if no response to advice given by GP, HV, Community Nursery Nurse, School Nurse or MAST Support Worker for 3 months regarding increasing drinks and regular toileting and the GP has seen to exclude constipation and urinary tract infections.
- Constipation when not responding to treatment for 3 months by GP as per NICE guidelines.
- Soiling when not responding to treatment for 3 months by GP as per NICE guidelines.
- Toilet training problems from age 5 years, including children with special needs, after adequate input and supervision for 6 months from the GP HV, Community Nursery Nurse, SN or MAST support worker.
- Continence products may be available from the age of 4 years for children and young people who have additional needs and where toilet training is not possible. Referral by GP only

Who can refer you to these clinics?

Only GP's can refer to this service.

What could happen at your visit?

Children and their parents / carers will have the opportunity to talk about the problem and how it affects them. A full assessment will be carried out including a physical examination. A urine sample may be needed. Charts may be sent prior to the first appointment to help assess the problems. Other investigations may be arranged.

Information about the child's condition will be given, children and their parents / carers will be involved in deciding what would be the best course of action. This could include general advice, advice about drinks and diet, medication or alarm therapy (for bed-wetting), or a toilet training programme and laxatives (for constipation).

Children and parents / carers are asked to fill in charts to record success and progress and bring these to clinic appointments. This information is important to assess the child and decide on treatment plans.

We aim to work in partnership with families and ask for their cooperation in our management and treatment plans

Please note that your child may not be seen by the same health professional in clinic at every appointment but may see another member of the team without compromising the care of the child.

Meet the Team:

Dr Barbara Steele, Associate Specialist in Community Paediatrics – Clinical Lead

Dr Sona Matthai, Consultant Paediatrician, Trust Lead for Continence

Dr Patrice Tom, Specialty Doctor in Community Paediatrics

Dr Onye Ezi, Specialty Doctor in Community Paediatrics

Jocelyn Walton, Paediatric Continence Nurse Specialist

Donna Bartholomew, Paediatric Continence Nurse Specialist

Donna Eady, Paediatric Continence Nurse Specialist

Rebecca Woodward, Paediatric Continence Nurse Specialist

Gill Newbold, Paediatric Continence Advisor

Debbie Wharton, Continence Support Worker

Dr Jack Garlovsky, Clinical Psychologist

Margaret Martin, Support worker

Contact Information:

Administration Address:

Children's Community Continence Clinic
Community Paediatrics
Centenary House
55 Albert Terrace Road
SHEFFIELD
S6 3BR

Telephone: 0114 305 3240 0900 – 1700 weekdays
Fax: 0114 271 7744

This number is for: Making an appointment
Changing an appointment
Cancellations

Further advice:

Further information and advice for professionals and parents on day and night wetting, constipation and soiling + toilet training is available on our website and the ERIC website.

<http://www.sheffieldchildrens.nhs.uk/continence.htm>

ERIC (Education & Resources for Improving Childhood Continence)
www.eric.org.uk

Information Leaflet number:

Author/Contact:

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Barbara Steele

Sheffield Children's 

NHS Foundation Trust

Education & Resources for
Improving Childhood Continence (ERIC)
Helpline: Tel 0845 370 8008
Website: www.eric.org.uk

COMMUNITY CONTINENCE CLINICS

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For further advice contact:

Main hospital number: 0114 271 7000

Patient Advice & Liaison Team (PALS)

The Children's Hospital

Western Bank

Sheffield

S10 2TH

PALS office: 0114 271 7594

www.sheffieldchildrens.nhs.uk

Our young patients
are at the centre of everything
we do and all our work is focused
on providing them with the
best facilities, equipment and
experience possible, helping to
provide a world-class facility that
is positioned at the very forefront
of paediatric care.

The
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