

DESMOPRESSIN

Why Desmopressin?

- Bedwetting can happen because wee (urine) fails to be concentrated at night. This means too much wee is made.
- Desmopressin helps to reduce the amount of urine made at night.
- This means that some children can then hold all the wee they make overnight in their bladder and can stay dry until the morning.

Different types of Desmopressin

- Desmotabs 0.2 mgs
- DesmoMelt 120 mcg, and 240 mcgs



During the day:

- Have 6 – 7 drinks regularly throughout the day (up to two hours before you go to bed) so that your bladder learns to hold more wee.
- Try to avoid feeling thirsty.

In the evening:

- Take the medication half to one hour before you sleep.
- Don't have anything to drink for 1 hour before you take the medication and nothing for 8 hours i.e. until the following morning. You can have a few sips after taking them and for teeth cleaning.
- Have 2 wees before you sleep.

Response:

If it's going to work for you:

- You should start having dry nights almost immediately.
- Use every night (unless otherwise agreed).
- Record your progress on your chart.
- Your GP will be informed you are taking Desmopressin. If it is working for you, please ask him for repeat prescriptions.

Desmopressin withdrawal:

Have a withdrawal of no Desmopressin for one week every 3 months to assess if dry.

Do NOT take Desmopressin if:

- You have had a lot to drink
- You drink during the night
- You swallowed water when swimming in the evening
- You have diarrhoea and/or vomiting.
- You have sickle cell disease and have a sickle cell crisis

Always read the patient information leaflet