

OXYBUTYNIN HYDROCHLORIDE

Your child has been prescribed Oxybutynin Hydrochloride, also known as Ditropan and Cystrin and Lyrinel XL. This medication is available in tablet form (it can be crushed or dissolved if your child can't swallow tablets).

It works by helping the muscle of the bladder to relax, preventing some erratic bladder contractions. This helps to increase the amount of urine your child is able to hold in their bladder and will help them to stay dry. It may also ease the need to rush to the toilet, which some children have.

Side effects from the medication are not common, but there are some minor ones which you may notice:

- Dry mouth
- Dry skin
- Facial flushing
- Constipation

If your child develops any of these symptoms **DO NOT** stop giving the medication but **DO** let your doctor know at your next clinic visit, or sooner if symptoms are severe.

If constipation occurs it is extremely important to treat it quickly and often a simple laxative (available from the chemist) should solve the problem.

Other side effects which may occur in a very small number of children are:

- Blurred vision
- Headache
- Drowsiness or irritability
- Dizziness
- Skin rash

If your child develops any of these symptoms, contact your GP, or the clinic for further advice (tel: 0114 305 3240).

IT IS IMPORTANT to ensure that your child brushes his/her teeth very regularly. Oxybutynin reduces the saliva produced and tends to make the mouth dry and as saliva is necessary to protect teeth from decay, it is a good idea to pay extra attention to them. Keeping regular appointments with your dentist is also very important.

When your supply from today's prescription runs out, you will need to go to your GP (family doctor) for further supplies.

Always read the patient information leaflet

PLEASE NOTE – These are only guidelines and most children do not suffer any side effects at all. However, if you have any concerns please discuss these with your doctor or specialist nurse.