

The hearing tests which have been carried out today suggest that your child has a mild hearing loss.

WHAT IS THIS DUE TO?

This is probably due to a build up of fluid in the middle ear, behind the eardrum.

WILL THIS HEARING LOSS BE PERMANENT?

This is a very common condition in young children, and usually it clears up without any treatment. However, it is advisable for your child to have further hearing assessments to make sure this happens.

DOES THE HEARING ALWAYS GET BETTER?

Sometimes, instead of improving, the hearing can get worse, and then it is advisable to refer the child to an Ear, Nose & Throat Specialist for advice as to whether any treatment is needed.

WHAT TREATMENT MAY BE SUGGESTED?

In very few children, it will be recommended that ventilation tubes, called grommets, should be inserted into your child's eardrum during a short operation.

This would usually only be suggested if the hearing loss was marked, or was causing problems for your child, such as delayed speech and language development, or difficulties in school. For some children, low power hearing aids may be a temporary option.

IS THERE ANYTHING I CAN DO TO HELP MY CHILD?

Yes. Ways in which you can help your child include:

1. Do not expose your child to cigarette smoke.
2. Make sure that your child has a clear view of your face when you are talking to him/her and speak clearly.
3. Try to keep background noise to a minimum when talking to your child.
4. Make sure everyone who spends time with your child is aware that he or she may have difficulty with hearing, particularly in noisy surroundings.

WHAT SHOULD I DO IF THE HEARING GETS WORSE?

You have been given a routine follow up appointment, but if you notice a worsening in your child's hearing and would like to be seen earlier, telephone 271 7450. Your General Practitioner, Health Visitor or School Nurse will also be happy to discuss your concerns with you.

WHO WILL GET A COPY OF THIS TEST?

A letter summarising the results will be sent to your family doctor, health visitor or school nurse, and to any other health professional involved with your child. If you have not received a copy of the hearing test, please request one.

WHAT SHOULD I DO IF I HAVE ANY FURTHER QUESTIONS?

If you have any questions about today's test results, or about this leaflet, telephone Hearing Services on 271 7450 and ask to speak to an audiologist.

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NHS Foundation Trust

Contact Hearing Services 0114 2717450 or
email audiology@sch.nhs.uk

Name: _____

Date: _____

www.ndcs.org.uk



CHILDREN WITH MILD CONDUCTIVE HEARING LOSS

For further advice contact:

Main hospital number: 0114 271 7000

Patient Advice & Liaison Team (PALS)

The Children's Hospital

Western Bank

Sheffield

S10 2TH

PALS office: 0114 271 7594

www.sheffieldchildrens.nhs.uk

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