



HOW DO WE GET TO CENTENARY HOUSE?



There is limited parking available in the Centenary House car park, and on-street parking available nearby.



BUS ROUTES

From City Centre: 17a, 35, 36, 37, 57, 81, 82, 84, 85, 85a



TRAMS

Infirmary Road stop on Yellow or Blue lines.

If you receive certain benefits you may be able to claim back your travel costs. Please ask when you come for your appointment.

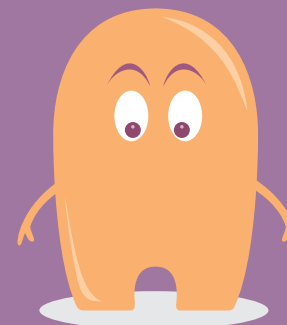


MAPS for Looked After Children,
Centenary House,
Heritage Park,
55 Albert Terrace Road,
Sheffield, S6 3BR



Telephone: 0114 226 0876

www.epicfriends.co.uk



MAPS

MULTI-AGENCY PSYCHOLOGICAL SUPPORT
FOR LOOKED AFTER CHILDREN



WHAT IS MAPS?

MAPS (Multi-Agency Psychological Support) is the specialist Child and Adolescent Mental Health Service for Sheffield Looked After Children, their carers and other professionals involved with them. Our aim is to increase the understanding of the child's/young person's situation and support their emotional wellbeing.

WHAT CAN WE HELP WITH?

One of the main difficulties we work with is **Developmental or Complex Trauma**. This sometimes happens when children haven't received the best care in their early years, at an important time for brain development. It can mean children have difficulties with:

- Understanding and regulating their feelings and behaviour
- Relationships and self esteem
- Learning
- Sensory and motor coordination

WHAT WILL HAPPEN WHEN YOU COME TO MAPS?

There are several ways we might work to help you.



We have an advice line for professionals and carers working with Looked After Children between 10-12 on Mondays and Fridays

We offer consultation to Social Workers working with Looked After Children.

We also do therapeutic work. This can be directly with carers on Therapeutic Re-Parenting, individually with children or young people, and/or joint work with carers and children/young people.



MORE INFORMATION

For more information on any of these questions, please visit our website. www.sheffieldchildrens.nhs.uk/our-services/camhs



KNOW YOUR RIGHTS

- We can arrange for an interpreter if you or your foster child need one
- Let us know if you want or need information in a certain way and we will try to do this
- We will discuss with you who we share information with

If you have any complaints or feedback please let us know so we can do our best to put things right:

- We have a comments box in our waiting room
- You can write to: Chief Executive, Sheffield Children's NHS Foundation Trust, Western Bank, Sheffield, S10 2TH.
- Or you can speak to our Patient Advice and Liaison Service on 0114 271 7594.

WHO WORKS IN OUR TEAM?

Our team includes professionals from health services and from the local authority who have experience in working with Looked After Children.

