



RESEARCH

What's in it for me?

There's research happening all the time at Sheffield Children's



Research at our hospital is all about getting a better understanding about medical conditions which affect children's and young people's health. We use research to test new methods of treatment and to determine whether these new treatments are safe and how well they work.

What sort of research does Sheffield Children's do?



TEST TREATMENTS AND THERAPIES | LEARN ABOUT CONDITIONS | TRY NEW IDEAS

- Testing new methods of therapy, medicines or surgical procedures
- Studying genetics to learn more about health conditions
- Doing questionnaires or interviews with patients and parents
- Comparing information from health records
- Taking measurements like your height or blood pressure or collecting blood samples
- Developing new ways of investigating illness and identifying new problems

How does it help?



From the research we do together, you will help us to:

- **Learn more about how new or existing medicines affect illnesses**
- **Help develop better and more effective treatments for people**
- **Improve our understanding of medical conditions**
- **Find out new information about whether some methods of treatments are better or worse than others**
- **See how safe new medicines and treatments are**

What's in it for me?



Taking part in a study might help you feel better, or make your illness improve, but it might not.

Even if you might not benefit yourself, by taking part in research you could help researchers learn something important that could help other people like you in the future.

Can adults take part too?



It depends on the study. We will usually invite children who have a particular illness to take part in the study. Sometimes we might ask for parents to take part as well. There are also studies which ask for healthy volunteers, sometimes adults and sometimes children. Our Clinical Genetics team do a lot of research involving adults as well as children.

Before taking part, what should I consider?



Before you decide to take part in a research study, you need to know as much as possible about it. The researcher or doctor will be happy to answer any questions you have. We've put together a list of things most people want to know on our internet page so you can have them on your phone, or print them off to take into your next appointment.

If I agree to take part, can I change my mind?



Yes, you can change your mind at any point in a study. You don't have to take part in a study if you don't want to.

Nobody will be upset with you if you say no. It's also OK if you agree to take part and then change your mind later. You don't have to give a reason and your care at the hospital won't be affected.

What happens at the end of a study?



Some studies will tell you what they find but others might not.

Ask the research team or your doctor if you'll receive a report about your study when it ends.



"Taking part in research made a huge difference to my life. Thank you!"
- Emily, 16

Want to find out more about taking part in research?



There's lots of useful information and opportunities at www.sheffieldchildrens.nhs.uk/research



Email your questions to research@sch.nhs.uk