

Young People's Charter of Rights

All individuals have rights. The following are a few points that all young people receiving care at Sheffield Children's can expect:

1. You have the right to have your say in the way that your care at Sheffield Children's is provided.
2. You will be treated with respect, listened to and given the chance to ask questions and share your thoughts.
3. Where possible, you will be given privacy and personal space.
4. Any conversation with a staff member will be kept confidential between you, your parents and your care team. If it becomes necessary to share information to protect you or somebody else from serious harm, this will always be discussed with you first.
5. You will always be able to gain information about your care, in a way appropriate to you, so that you are well informed.
6. You will be involved in decision making about your health and care.
7. You can keep in contact with family and friends, whether through visits or other means.
8. You will be given access to education and entertainment that is designed for people your own age, if you feel well enough.
9. You will be helped to feel in control and responsible for your own health, and will be given opportunities to gain independence wherever possible.
10. You will be well prepared and supported during your transition to adult health services, so that when appropriate, you and your family will feel comfortable to transfer.

